



Hugh A. Meighen

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[International Arbitration](#)
[Investor - State Dispute Settlement](#)
[Commercial Arbitration](#)
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Hugh has more than 12 years of experience in dedicated arbitration counsel work. He has represented clients in high-value and complex international and domestic arbitrations in a range of industry sectors, including telecommunications, mining, construction, sports and entertainment, insurance, logistics, IT and real property, as well as under ad hoc and institutional rules including the ICC, LCIA, UNCITRAL, ICDR, AAA, VanIAC, DIAC, and ADRIC. Hugh also acts as counsel for athletes and sports organizations in sports-related disputes before the SDRCC and in other sports-related forums.

In 2021, *Who's Who Legal: Arbitration* named him one of ten "Most Highly Regarded" partners under 45 in the Americas. In 2022, he was named as one of Canada's leading lawyers under 40 by *Lexpert*.

As a Fellow of the Chartered Institute of Arbitrators (FCIArb), Hugh has acted as a sole arbitrator in arbitrations involving procurement and real property disputes, as well as the discipline chair and appeals officer for certain sports associations.

In addition to articles and book chapters on arbitration, Hugh co-authored the Guide to the PCA Arbitration Rules, published by Oxford University Press, and is an adjunct professor of two courses (international commercial arbitration and sports arbitration) at Osgoode Hall Law School. He also maintains an active pro bono practice and was recognized at the 2022 Canada Law Awards for spearheading the "Pro Bono Initiative of the Year" to assist

vulnerable Afghans.

Prior to joining BLG, Hugh practiced for five years in London and Dubai in the international arbitration group of Freshfields Bruckhaus Deringer LLP. He was previously assistant legal counsel at the Permanent Court of Arbitration in The Hague, where he was the McGill Law fellow and supported arbitral tribunals presiding over international investment arbitrations.

Insights & Events

Beyond our Walls

Professional Involvement

- Arbitrator, Arbitration Place, NextGen Arbitrators
- Member, ICC Task Force for "Addressing Issues of Corruption in International Arbitration"
- Fellow, Chartered Institute of Arbitrators (FCIArb)
- Adjunct Professor, International Commercial Arbitration, Osgoode Hall Law School
- Editorial board member, Arbitration News, 2013-present
- Member, YIAG
- Member, ICC Commission - Canada

Community Involvement

- Executive Committee Member, Equal Representation in Arbitration Pledge
- Director, Canadian Constitutional Foundation
- Olympic Supporter, Canadian Olympic Committee
- Board member, TRM Family Foundation

Awards & Recognition

- Recognized in the 2025 edition of *Chambers Canada – Canada's Leading Lawyers for Business* (Dispute Resolution: Arbitration (Nationwide - Canada)).
- Recognized in the 2025 (and since 2022) editions of *The Best Lawyers in Canada* (International Arbitration)
- Recognized in the 2025 edition of *Lexology Index* (formerly *Who's Who Legal*) (Construction)
- Recognized in the 2025 edition (and since 2023) of *Who's Who Legal: Arbitration*
 - "Hugh is a solid advocate with impeccable experience and expertise in international arbitration"
 - "He is extremely capable - a top-shelf practitioner."
- Recognized in the 2025 (and since 2022) editions of *The Canadian Legal Lexpert® Directory* (Commercial Arbitration)
- Recognized in the 2024 edition of Benchmark Litigation Canada as a "Litigation Star" (International Arbitration) and in the 2022 edition as a "Future Star"
- Recognized in the 2024 (and since 2021) editions of *Lexpert Special Edition: Litigation*
- Recognized in the 2023 edition of *The Legal 500 Canada* as a "Next generation partner" (Construction)

- “Pro Bono Initiative of the Year” at the *Canada Law Awards 2022* for a national program to assist vulnerable Afghans.
- Recognized in 2022 as a Lexpert Rising Star: Leading Lawyer Under 40
- Recognized in the 2022 edition of *Who's Who Legal: Canada* (Arbitration)
 - *Hugh Meighen enjoys a fantastic reputation in the market for his wide-ranging experience handling domestic and international arbitrations spanning a variety of sectors.*
- Recognized in the 2021 edition of *Who's Who Legal: Arbitration* as on one of the top ten “Most Highly Regarded” partners in the Americas under 45 years old
- Recognized in the 2018-2021 editions of *Who's Who Legal: Arbitration* – Future Leader
- Recognized in the 2019 edition of *Who's Who Legal: Construction* – Future Leader
- Recognized in 2017 by the Legal Media Group’s Expert Guides series as a “Rising Star”

Bar Admission & Education

- New York, 2011
- Ontario, 2010
- BCL/LLB, McGill University, Dean's List, 2009
- AB, Princeton University, cum laude, 2005

BLG | Canada’s Law Firm

As the largest, truly full-service Canadian law firm, Borden Ladner Gervais LLP (BLG) delivers practical legal advice for domestic and international clients across more practices and industries than any Canadian firm. With over 725 lawyers, intellectual property agents and other professionals, BLG serves the legal needs of businesses and institutions across Canada and beyond – from M&A and capital markets, to disputes, financing, and trademark & patent registration.

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