



## Alyssa Jagt

### Senior Associate

T 416.367.6694  
F 416.367.6749  
Toronto  
[AJagt@blg.com](mailto:AJagt@blg.com)

[Employment Disputes](#)  
[Labour & Employment](#)  
[Human Rights](#)  
[Human Resources & Labour Relations](#)

Alyssa is a management-side labour and employment lawyer. Her practice involves advising clients in both the private and public sectors on a variety of matters related to litigation, employment law and human rights.

She represents employers in litigation disputes including proceedings involving wrongful dismissals, breach of non-competition and non-solicitation obligations, misuse of confidential information, human rights complaints, and employee fraud.

Alyssa also advises employers on a variety of day-to-day employment matters, including employee accommodations, terminations, employment standards, and employment contract and policy reviews.

## Insights Rollup

- Author, "Steps Ontario employers need to take to comply with newest employment legislation changes", BLG Article, March 2024
- Author, "Working for Workers Four Act, 2023: Changes to Canadian employment law coming soon", BLG Article, November 2023
- Author, "Salary range and AI-use disclosures requirements likely coming soon to Ontario", BLG Article, November 2023

## Awards & Recognition

- Recognized in the 2025 edition of *The Best Lawyers in Canada*® as “Ones to Watch” (Corporate and Commercial Litigation) and since 2024 (Labour and Employment Law),

## Bar Admission & Education

- Ontario, 2019
- JD, Queen's University, 2018
- BComm (Honours), Queen's University, 2015

---

### **BLG | Canada's Law Firm**

As the largest, truly full-service Canadian law firm, Borden Ladner Gervais LLP (BLG) delivers practical legal advice for domestic and international clients across more practices and industries than any Canadian firm. With over 725 lawyers, intellectual property agents and other professionals, BLG serves the legal needs of businesses and institutions across Canada and beyond – from M&A and capital markets, to disputes, financing, and trademark & patent registration.

[blg.com](https://www.blg.com)

© 2024 Borden Ladner Gervais LLP. Borden Ladner Gervais LLP is an Ontario Limited Liability Partnership.