

Returning to their roots: Indigenous Liaison at Luna shares the importance of individual healing

October 10, 2023

The work Marissa Salem does at Luna Child and Youth Advocacy Centre as the Indigenous Liaison is important and meaningful. Luna provides resources to prevent abuse, investigate wrongdoing, support healing, ensure offenders are held accountable and build resilience in all communities. BLG is proud to partner with Luna and support the very important work that Marissa and others do through their programs. We recently had the opportunity to speak with Marissa to learn more about her and her valuable work at the centre.

At Luna, Marissa spends her days doing community outreach and one-on-one healing sessions with families through the Indigenous Victim Support program. She can often be found in the colourful and beautifully designed Sacred Space. The Sacred Space is a safe and quiet place for families to share their stories and find support as they cope with difficult times. The space came together through a partnership between the Urban Society for Aboriginal Youth (USAY) and was blessed by Elder Kelly Good Eagle. The space was brought to life by the artwork of Nathan Patrick Meguinis, a talented local **Tsuut'ina Dèné artist, muralist, Powwow Dancer, YellowHand and Protector. The murals in the Sacred Space have deep and sacred meaning. In Nathan's culture, the colours of** the space have strong connections to many things. Red represents Mother Earth, green represents all plant life, blue represents water and sky, yellow represents protection and sun, purple represents Thunderbird, Thunder Beings and ceremonial women, white represents holiness and black represents strength and power.

Marissa understands the perspective of the families she works with. Like many of the Indigenous people who are referred to Luna, she is also a child of residential school survivors. The historical trauma can be deeply felt, including through its impact on families and parenting. Families and caregivers decide what they will share with Marissa. Marissa's role is to listen, understand and provide appropriate support and referrals based on the clients' individual backgrounds and requests.

"We offer different kinds of healing services," said Marissa. "I'm trying to help Indigenous people get back to their roots while understanding and respecting their unique and individual needs."

BLG

Marissa often smudges with clients. Smudging is a traditional ceremony that creates sacred smoke by burning one or more of the sacred medicines of tobacco, sage, cedar and sweetgrass. The purpose of smudging is to use the sacred smoke to connect with spirit and the Creator. Local Indigenous Elders also offer sweat lodge ceremonies to Luna clients. These powerful ceremonies, which can last many hours, are meant to bring participants back into balance and reconnect them to nature.

At Luna, and through their own healing journeys, Marissa wants people to feel connected to their culture and have a supportive place to turn. She works on understanding their individual needs and providing resources that are beneficial to them.

Through her work, Marissa is building the program and relationships between Luna and Indigenous communities. She engages with Elders and other Indigenous community representatives to build relationships and encourages understanding and support. She also works with local governments, the police and the justice system to advocate for change, educate and work to reduce the stigma around Indigenous people accessing victim's services.

On National Day for Truth and Reconciliation – and every day – Marissa encourages people to learn more about Indigenous people and to work to understand their perspectives, historical traumas and day-to-day experiences.

"Trauma is passed down and impacts why many of us do what we do," Marissa said. "I want Indigenous people to feel safe to come forward and heal."

Luna

The Luna Child Youth and Advocacy Centre plays a crucial role in the Calgary community as a centre of excellence in child abuse intervention and prevention.

BLG and Luna

BLG is proud to support Luna and the work that they do. As a partner since 2016, BLG has made donations, volunteered time and provided pro bono work to their programs and initiatives.

BLG | Canada's Law Firm

As the largest, truly full-service Canadian law firm, Borden Ladner Gervais LLP (BLG) delivers practical legal advice for domestic and international clients across more practices and industries than any Canadian firm. With over 725 lawyers, intellectual property agents and other professionals, BLG serves the legal needs of businesses and institutions across Canada and beyond – from M&A and capital markets, to disputes, financing, and trademark & patent registration.

blg.com

BLG Offices

Calgary

Centennial Place, East Tower 520 3rd Avenue S.W. Calgary, AB, Canada T2P 0R3

T 403.232.9500 F 403.266.1395

Montréal

1000 De La Gauchetière Street West Suite 900 Montréal, QC, Canada H3B 5H4 T 514.954.2555 F 514.879.9015

Ottawa

World Exchange Plaza 100 Queen Street Ottawa, ON, Canada K1P 1J9 T 613.237.5160 F 613.230.8842

Toronto

Bay Adelaide Centre, East Tower 22 Adelaide Street West Toronto, ON, Canada M5H 4E3 T 416.367.6000 F 416.367.6749

Vancouver

1200 Waterfront Centre 200 Burrard Street Vancouver, BC, Canada V7X 1T2 T 604.687.5744 F 604.687.1415

The information contained herein is of a general nature and is not intended to constitute legal advice, a complete statement of the law, or an opinion on any subject. No one should act upon it or refrain from acting without a thorough examination of the law after the facts of a specific situation are considered. You are urged to consult your legal adviser in cases of specific questions or concerns. BLG does not warrant or guarantee the accuracy, currency or completeness of this publication. No part of this publication may be reproduced without prior written permission of Borden Ladner Gervais LLP. If this publication was sent to you by BLG and you do not wish to receive further publications from BLG, you may ask to remove your contact information from our mailing lists by emailing <u>unsubscribe@blg.com</u> or manage your subscription preferences at <u>blg.com/MyPreferences</u>. If you feel you have received this message in error please contact <u>communications@blg.com</u>. BLG's privacy policy for publications may be found at <u>blg.com/en/privacy</u>.

© 2024 Borden Ladner Gervais LLP. Borden Ladner Gervais LLP is an Ontario Limited Liability Partnership.